

JADUAL PERTANDINGAN

KONTINJEN SELANGOR SUKAN MALAYSIA (SUKMA) KE-19, PERAK 2018

14HB SEPTEMBER 2018 (JUMAAT)

Bil	Sukan	Venue	Masa Mula	Acara	Catatan
1.	Badminton	Arena Badminton Amanjaya, Ipoh	3.00 Ptg	Berpasukan (W) Selangor lwn Perak	Akhir
2.	Boling Padang	Arena Lawn Bowls Perak, Kompleks Sukan MBI	8.00 Pg	Fours (L) Selangor lwn Sarawak	Peringkat Kumpulan
				Single (L) Selangor lwn Sabah	
				Pairs (W) Selangor lwn Pahang	
			3.00 Ptg	Fours (L) Selangor lwn Kelantan	
				Single (L) Selangor lwn Kedah	
				Pairs (W) Selangor lwn Sabah	
8.00 Mlm	Triples (W) Selangor lwn Pahang				

Bil	Sukan	Venue	Masa Mula	Acara	Catatan
3.	Petanque	Arena Petanque Kuala Kangsar	8.30 Pg	Triple (L) Selangor lwn Negeri Sembilan	Peringkat Kumpulan
				Triple (W) Selangor lwn Terengganu	
			10.30 Pg	Mixed Doubles Selangor lwn Kelantan	
4.	Berbasikal	Arena Square Batu Kurau	8.30 Pg	Lepas Beramai-ramai 80 km Perseorangan (W)	Akhir
5.	Futsal (L)	Manjong Indoor Sport Arena (MISA)	7.00 Ptg	Selangor lwn Perak	Peringkat Kumpulan
6.	Sepaktakraw (W)	Institut Latihan Kementerian Kesihatan Malaysia Sultan Azlan Shah, Ulu Kinta	3.30 Ptg	Berpasukan Selangor lwn Pulau Pinang	Peringkat Kumpulan
	Sepaktakraw (L)		8.00 Mlm	Berpasukan Selangor lwn Kedah	
7.	Angkat Berat	Dewan Merdeka, Majlis Daerah Tapah	9.00 Pg	48 Kg (W) Clean / Jerk	Akhir
			11.00 Pg	48 Kg (W) Snatch	
			3.00 Ptg	56 Kg (L) Clean / Jerk	
			5.00 Ptg	56 kg (L) Snatch	

Bil	Sukan	Venue	Masa Mula	Acara	Catatan
8.	Pencak Silat	Dewan Jubli Perak, Kuala Kangsar	8.30 Pg	Men's Class A (45-50kg)	Pusingan 1
				Men's Class B (50-55kg)	
				Men's Class C (55-60kg)	
				Men's Class D (60-65kg)	
				Men's Class E (65-70kg)	
				Men's Class F (70-75kg)	
				Women's Class A (45-50kg)	
				Women's Class B (50-55kg)	
				Women's Class C (55-60kg)	
				Women's Class D (60-65kg)	
			Women's Class E (65-70kg)		
			Women's Class F (70-75kg)		
			2.30 Ptg	Men's Class G (75-80kg)	
				Men's Class H (80-85kg)	
Men's Class I (85-90kg)					
Men's Class J (90-95kg)					
				Men's Class Bebas (85-110kg)	
9.	Tenpin Bowling	Ampang Superbowl, Ipoh Parade	8.00 Pg	Perseorangan (L)	Akhir
			12.30 Tghr	Perseorangan (W)	