

JADUAL PERTANDINGAN

KONTINJEN SELANGOR SUKAN MALAYSIA (SUKMA) KE-19, PERAK 2018

16HB SEPTEMBER 2018 (AHAD)

Bil	Sukan	Venue	Masa Mula	Acara	Catatan
1.	Badminton	Arena Badminton Amanjaya, Ipoh	10.00 Pg	Bergu Campuran Selangor lwn Johor	Pusingan Awal
			10.40 Pg	Bergu Campuran Selangor lwn Negeri Sembilan	
			12.00 Tghr	Perseorangan (L) Selangor lwn Melaka	Pusingan Ke-2
				Perseorangan (W) Selangor lwn Johor	
			2.30 Ptg	Perseorangan (W) Selangor lwn Negeri Sembilan	
			3.10 Ptg	Bergu (W) Selangor lwn Negeri Sembilan	
			3.50 Ptg	Bergu (W) Selangor lwn Kedah	
				Bergu (L) Selangor lwn Terengganu	
5.10 Ptg	Bergu (L) Selangor lwn Perak				

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2.	Hoki (W)	Stadium Hoki Sultan Azlan Shah, Ipoh	9.00 Pg	Selangor lwn Pahang	Peringkat Kumpulan
	Hoki (L)		6.00 Ptg	Selangor lwn Perlis	
3.	Boling Padang	Arena Lawn Bowls Perak, Kompleks Sukan MBI	8.30 Pg	Fours (L) Selangor lwn Perak	Semi Final Playoff
			11.00 Pg	Single (L) Selangor lwn Perlis	Semi Final
				Pairs (W) Selangor lwn Wilayah Persekutuan / Johor	
			3.00 Ptg	Single (L)	Final
				Fours (L)	
				Pairs (W)	
4.	Ragbi (W)	Stadium Mini Ragbi Perak, Kompleks Sukan MBI, Ipoh	9.00 Pg	Selangor lwn Terengganu	Quarter Final
	Ragbi (L)		10.00 Pg	Selangor lwn Negeri Sembilan	
	Ragbi (L & W)		11.20 Pg – 1.40 Ptg		Semi Final
	Ragbi (L)		2.00 Ptg		Tempat Ke 13 th /14 th
			2.20 Ptg		Tempat Ke 9 th /10 th
	Ragbi (W)		2.40 Ptg		Tempat Ke 8 th /9 th
			3.00 Ptg		Tempat Ke 5 th /6 th
	Ragbi (L)		3.20 Ptg		

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	Ragbi (W)		3.40 Ptg		Tempat Ke 3 th /4 th
	Ragbi (L)		4.00 Ptg		
	Ragbi (W)		4.20 Ptg		Final
	Ragbi (L)		4.40 Ptg		
5.	Kriket	Padang Ipoh	9.00 Pg	Selangor lwn Sarawak	Peringkat Kumpulan
6.	Sepaktakraw	Institut Latihan Kkm Sultan Azlan Shah, Ulu Kinta	9.00 Pg	Berpasukan (W)	Separuh Akhir
				Berpasukan (L)	
			3.00 Ptg	Berpasukan (W)	Akhir
				Berpasukan (L)	
7.	Tenpin Bowling	Ampang Superbowl, Ipoh Parade	8.00 Pg	Mixed Doubles	Akhir
8.	Bola Keranjang (W)	Sm Poi Lam (Suwa), Ipoh	11.00 Pg	Selangor lwn Sarawak	Peringkat Kumpulan
	Bola Keranjang (L)		5.00 Ptg	Selangor lwn Pahang	
9.	Menembak	Kompleks Menembak Amanjaya, Chepor	9.00 Pg	10m Air Rifle Men's	Akhir
				10m Air Rifle Men's Team	
				50m Rifle Prone Women's	
				50m Rifle Prone Women's Team	
10.	Golf	Royal Perak Golf Club, Ipoh	7.30 Pg	Men's Individual	Day 2
				Women's Individual	

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11.	Petanque	Arena Petanque, Kuala Kangsar	8.30 Pg	Single (L) Selangor 2 lwn Pulau Pinang 2	Peringkat Kumpulan
				Single (W) Selangor A lwn Sarawak A	
				Double (L) Selangor 1 lwn Johor 1	
				Double (L) Selangor 2 lwn Johor 2	
			10.30 Pg	Single (L) Selangor 1 lwn Sarawak 1 / Perak 1	
				Double (W) Selangor A lwn Pahang A	
				Double (W) Selangor B lwn Terengganu B	
12.30 Tghr	Single (W) Selangor B lwn Kedah B / Perak A				
12.	Pencak Silat	Dewan Jubli Perak, Kuala Kangsar	8.30 Pg	Men's Class Bebas (85-110kg) Selangor lwn Terengganu	Pusingan Awal
			2.30 Ptg	Men's Class B (50-55kg) Selangor lwn Perak	Quarter Final 1
				Men's Class J (90-95kg) Selangor lwn Perlis	
				Women's Class F (70-75kg) Selangor lwn Perlis	

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			8.30 Mlm	Men's Team (Regu)	Akhir
				Women's Singles Creative (Solo Kreatif)	
13.	Angkat Berat	Dewan Merdeka, Majlis Daerah Tapah	9.00 Pg	Women's 58kg Clean&Jerk	Final
				Women's 58kg Snatch	
14.	Muay	Dewan Serbaguna Daerah Grik	2.30 Ptg	Men's 45Kg – 48Kg Selangor lwn Wilayah Persekutuan	Round 1
				Men's 48Kg – 51Kg Selangor lwn Negeri Sembilan	
15.	Pelayaran	KD Pelandok, Pengkalan TLDM Lumut	10.00 Pg	International 420s - Men	Day 2
				Laser Standard - Men	
				Laser 4.7 - Men	
				RS:One - Men	
				Laser Radial - Men	
				Optimist U15 - Boys	
				International 420s - Women	
				Laser 4.7 - Women	
				RS:One - Women	
				Laser Radial – Women	
				Optimist U15 - Girls	
				Windsurfing Bic Techno - Women	
				Optimist - Mixed Team	Flight 1 - 5

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16.	Memanah	Padang Universiti Teknologi Petronas	9.00 Pg	90m Compound Men Individual	Final
				90m Recurve Men Individual	
				70m Compound Women Individual	
				70m Recurve Women Individual	
			2.30	70m Compound Men Individual	
				70m Recurve Men Individual	
				60m Compound Women Individual	
				60m Recurve Women Individual	
17.	Bola Baling (W)	UPSI, Tanjung Malim	9.30 Pg	Selangor lwn Negeri Sembilan	Peringkat Kumpulan
	Bola Baling (L)		2.00 Ptg	Selangor lwn Perak	
18.	Karate-Do	Dewan Politeknik Sultan Azlan Shah, Behrang	9.05 Pg	Individual Kumite (L) -67 Kg	Quarter Final
				Individual Kumite (W) -50 Kg Selangor lwn Negeri Sembilan	Round 3
			10.30 Pg	Individual Kumite (L) -55 Kg Selangor lwn Wilayah Persekutuan	
				Individual Kumite (L) -55 Kg	
			12.00 Tghr	Individual Kumite (W) -68Kg	Pusingan Awal

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			2.00 Ptg	Individual Kumite (L) -84 Kg	Pusingan Awal
				Individual Kumite (L) +84 Kg	
			4.00 Ptg	Individual Kumite (L) -67 Kg	
				Individual Kumite (W) -50 Kg	
				Individual Kumite (L) -55 Kg	
				Individual Kumite (W) -55 Kg	
				Individual Kumite (W) -68 Kg	
				Individual Kumite (L) -84 Kg	
19.	Bola Jaring	Pusat Latihan Teknologi Tinggi (Adtec), Taiping	2.30 Ptg	Selangor lwn Sarawak	Peringkat Kumpulan
20.	Skuary	Arena Squash, Kompleks Sukan MBI	6.00 Ptg	Men's Singles	Pusingan Awal
				Women's Singles	